

Important Medication Information for Allergy Testing

Anti-histamines and other medications can interfere with allergy skin testing. Please review the following list of medications that need to be stopped prior to your visit. It is not necessary to stop taking Decongestants unless they are combined with antihistamines.

DO NOT STOP TAKING YOUR ASTHMA MEDICATIONS

Antacids:

Stop these for 2 Days:

Axid, Pepcid, Tagamet, Tums Ultra, and generic famotidine, cimetidine, and nizatidine, both Rx and OTC.

You can continue taking: Prevacid, Prilosec, Nexium and other "PPI" drugs (lansoprazole, omeprazole, etc.).

Prescription Antihistamines:

Stop these for 2 Days:

Astelina and Dymista (Azelastine), Patanase (olopatadine nasal), Bromfed, Dimetane, Kronofed, and generics.

OTC Antihistamines:

Stop these for 2 Days:

Benadryl and generic diphenhydramine, Actifed, Contac, Chlor-Trimeton and generic chlorpheniramine, Tavist and clemastine OTC strength, Dimetapp and generic brompheniramine, Allegra 30 mg, 60 mg, Allegra-D 12 Hour, and all generic low-dose fexofenadine products, Histex and generic triprolidine.

Prescription Antihistamines:

Stop these for 5 Days:

Atarax, Vistaril, and all generic forms of hydroxyzine), Periactin and generic cyproheptadine, prescription levocetirizine, Karbinal, Arbinoxa, and generic carbinoxamine, dexchlorpheniramine, prescription-strength Tavist and clemastine.

OTC Antihistamines:

Stop these for 5 Days:

All types of Claritin, Alavert, Tavist Non-Drowsy formula and all generic loratadine products, Zyrtec, Zyrtec D, and all generic cetirizine products, Allegra 180, Allegra D 24 hour, and all generic fexofenadine 180 mg products, Xyzal and generic levocetirizine.

Prescription Antihistamines:

Stop these for 6 Days:

Clarinex, Clarinex D, and generic desloratadine.

Anti-Anxiety/Depressants:

Stop for 3 days: Elavil, Limbitrol, and generic amitriptyline (minimum 3 days, 7 days is preferred).

Stop for 5 days: Seroquel and generic quetiapine.

Stop for 7 days: Sinequan and generic doxepin.

Anti-Nausea:

Stop these for 3 days:

Antivert and generic meclizine, Compazine and generic prochlorperazine, Dramamine and generic dimenhydrinate, Phenergan and generic promethazine, Tigan and generic trimethobenzamide.

Muscle Relaxants:

Stop these for 5 days:

Flexeril and generic cyclobenzaprine.

Sleep aids:

Stop these for 2 days:

Tylenol PM, Excedrin PM, Advil PM, Nyquil, Z-Quil, Sominex, and related generics.